



**Burlington Food Council
October 3, 2009
9 – 10:30 AM, Fletcher Free Library, Pickering Rm.
Minutes**

*Facilitator: Mandy Davis
Note taker: Jen Cirillo
Timekeeper: Bobby Young*

- 9- 9:05** **Approval of Minutes (5 minutes)**
A few minor changes – Approved.
- 9:05 – 9:10** **Introductions (5 minutes)**
- 9:10 – 9:30** **Committee Updates (20 minutes)**

Strategic Planning Committee

Brighter Planet: grant has been submitted. Benjy is heading up a campaign to get votes to win the money with Julie and Sam. Benjy will be in touch soon with final lists so we can all pitch in to get the word out about the vote.

USDA Community Food Grant: Jess, Josie and Bobby

Some possible ideas:

- Community teaching kitchen at Sustainability Academy
- Fresh food to ONE and other low income areas
 - Refugee farm stands
 - Mobile veggie cart

Needs to be a collaborative grant with participation from low-income people or the people the grant will serve. Jess to send out Doodle to organize follow up meeting. AALV, BSD, UVM, IC, Shelburne Farms and the City are all interested in assisting.

Communication and Coordination Committee

Sadie and Sam will continue to serve on this committee. Sam and Mandy to connect about website. Benjy to forward email to Mandy.

Website: Union Street Media building site for free as part of the Legacy page; it will be a clearinghouse website – central point for citizens to get information and for organizations to pass information.

List-serv: Mandy now in charge of adding/deleting names. Sam will help her get password from Erika.

Community Outreach and Education Committee

Currently just Jennifer Green. Many of the responsibilities have been absorbed by the Strategic Planning Committee or the Council as a whole.

9:30- 9:40 Vote on December Guest Speaker (10 minutes)

Council moved to schedule three months of speakers instead of deciding again in December. Mandy to contact and schedule:

1. December: Joanne from Campaign to End Childhood Hunger
2. February: Bobby Young & the Burlington School Food Project
3. April: Lisa Coven/New Director of Parks & Recreation

Interest exists for Climate Change-related speakers: Amy Seidel from UVM and someone from Global Justice & Ecology in Hinesburg

9:40 – 10:00 Education and Enrichment: Guest speaker- Diane Imrie, Director of Nutrition Services at Fletcher Allen Healthcare (20 minutes)

Introduction to all the great things FAHC is doing to introduce more healthy and local food into the hospital system in Burlington.

Problems: industrialized agriculture relies on poison & petroleum. There is arsenic in chicken feed, rBST causes cancer and all of us carry a body burden of pesticide residue. 70% of antibiotics used are used in agriculture, and 20% of all fossil fuel is used in agriculture.

What to do? FAHC has the power to contribute to a healthier food system as they serve 1.3 million meals a year.

Some of the steps they are taking: using local beef, sustainable chicken, RBH-free milk, fish and seafood low in mercury and abundant, minimizing waste through recycling and composting and organizing with farmers to increase local fresh food purchasing

Cultural changes: More staff involvement in gardens, beekeeping; a new rooftop garden on the oncology addition; popularity of salad bar at Harvest Café.

FAHC was awarded a federal grant to help educate other health care providers in Vermont about what they are doing and help them implement their own healthy food purchasing strategies

10:00 – 10:20 Connection to Burlington Food Council (20 minutes)

How to extend educational component to more people?

Making in roads into food access with WIC, coop discount and other great work people on the council are doing.

10:20 – 10:30 Wrap-Up and Evaluation (10 minutes)

What went well

Lots of different organizations represented

Connections happening, like between Bobby and Diane

Diane's presentation was great & FAHC is doing great work

Mandy is coordinating with minimal embarrassment to herself and others

City Councilor in attendance – thanks for coming, Nancy!

What could be improved

Should speaker go first so he or she doesn't have to sit through Council business?

The room was cold and we had no tables

Mandy could be less embarrassed